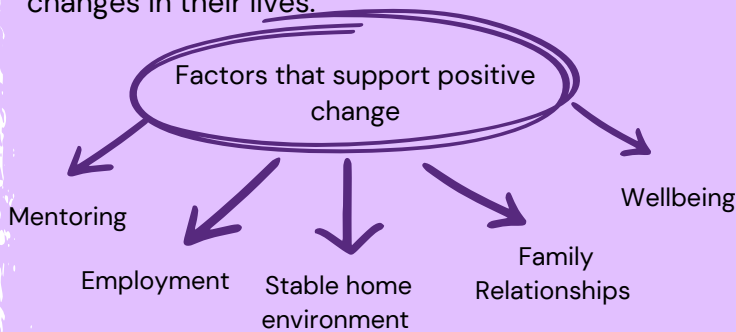


Who are Positive Changes?

Positive Changes, with the support of funding from outside organisations, supports women who have touched the Scottish Criminal Justice System – a system described as having “deep-rooted women’s inequality” by Justice Secretary, Keith Brown. This support is in some of the most important areas that prevent reoffending, and it encourages the women to make meaningful changes in their lives.



Making Positive Changes supports the women in their process of finding employment by providing them with the skills, information and resources they need to aid them in applying for jobs.

Grace Chocolates Work Experience provides the women with valuable work experience by giving them the opportunity to gain qualifications and produce high quality chocolate products.

RISE Mentoring matches the women with highly trained mentors with whom they can have a positive relationship with and get support to discuss and work towards their personal goals.

The online wellbeing sessions help combat feelings of isolation and aim to teach the women about mental wellbeing and self-care, as well as provide them with an online support network

Sustainability

At Grace Chocolates, we continually look for ways in which we can conduct our chocolate production in a more sustainable way. The packaging in which the chocolates are presented in is compostable, biodegradable, recyclable or reusable. From the boxes of chocolates which contain cardboard dividers rather than plastic trays to the biodegradable bags used to replace single-use plastic. On top of this, the packing peanuts, used to ensure the chocolates arrive with the customer in perfect condition, are plant-based and dissolvable in water, further reducing waste.



Social impact

How do the women describe the impact Positive Changes have had on them?

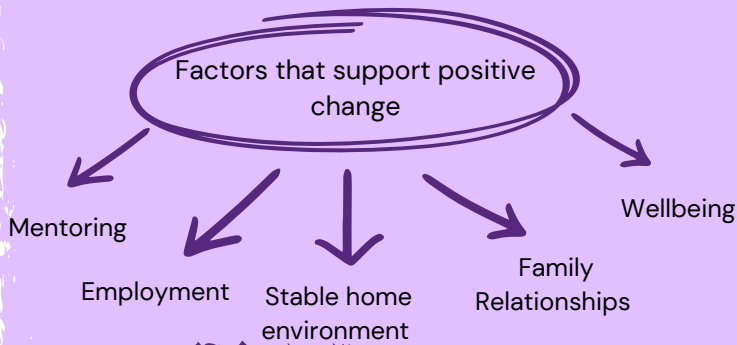
- Improved self-esteem
- Helped her and other women
- Everyday a learning day
- Changes lives
- Loved it
- Amazing
- Empowering
- Positive
- Wonderful
- Supportive people
- Ongoing support
- Important
- Character building
- Enlightening

100% of profits made from chocolate sales at Grace Chocolates are reinvested into the organisation

"My self-esteem has improved and I'm now more focused on my accomplishments than my past. My self-confidence is better and I feel that I can achieve whatever I put my mind to. My mental health has improved and I feel I have a better understanding of where I went wrong in the past and how I can keep making positive changes in the future. Before Positive Changes, my main goal was to have my children back in my care and Positive Changes helped me work towards and achieve this. My children and a close friend have noticed a huge difference in where I was before becoming involved with Positive Changes to where I am now, and they are extremely proud of my achievements and the positive change I have made in my life."

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Customer reviews

Fiona Jamieson, venue manager for the Robertson Trust at the Barracks, Stirling, has supported Grace Chocolates personally – including for a birthday party and relative’s wedding – and professionally through purchasing on behalf of the Robertson Trust. She said her experience as a customer has been extremely positive: the quality of chocolates, service provided, and staff members have all been excellent. She also enjoys being a customer of Grace Chocolates because of the admirable cause they support and their sustainability efforts.